



Race To The Bases

Tactical
Problems

Fielding

Communication

Scoring A
Point

GRADES
3-6

Rules of Play

- Batter hits ball off a tee or large pylon (home base)
- The other base is located about 5 meters directly in front of home base.
- Batter runs back and forth between the two bases as many times as possible while the defense tries to get the ball back to home base and place it on the tee.
- Batter scores one point each time he/she gets back to home base.
- Batter is out if the ball is caught on the fly or when the ball is returned to home base.
- Batter's turn lasts 5 consecutive hits.
- Players then rotate roles.

Variations and Progressions

- Increase or decrease the distance between the bases.
- Have someone pitch the ball



Game Info

Equipment

Playing Area, Bat, Cones, Ball, Baseball Gloves (optional)

Safety

Students should keep their heads up when running and cannot push others. No sliding is allowed.

Tactical Talk

How does your team place themselves in the field on defense?

How does your team communicate during the game?

How do you successfully bring runs in to score for your team?